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Gone are the days of sitting in the sun with sticky lemon in your hair to lighten it. Sheer Blonde Go Blonder Controlled Lightening Spray, \$17.99, John Frieda, has a citrus and chamomile formula that promises to lighten natural blondes after three to five uses.

If you can't bear the idea of going make-up free while you're away, then long-lasting and waterproof products will ensure your face stays put. For your lips, try Lipfinity Lasting Lip Tint, \$19.95, Max Factor. For your eyes, brush on The Colossal Volum' Express Waterproof mascara, \$19.25, Maybelline New York.

Travel lightly by filling small plastic containers with your skin- and hair-care products. Travel Tubes, \$6.50/2pk (pictured); Cosmetic Bottles, \$4.50/2pk; Cosmetic lars, \$4.50/2pk, Manicare.

For those balmy evenings, less is more when it comes to your make-up routine. So switch your foundation with a tinted moisturiser. Try Moisture Surge Tinted Moisturizer SPF 15, \$50, Clinique, for light coverage and a dewy complexion.

13 Get a gorgeous all-over shimmer by misting yourself with Shimmer Airbrush Illuminiser, \$11.95/43ml, ModelCo. It contains calming chamomile and vitamin E, so it will soothe, soften and moisturise your skin, too.



Enhance your holiday glow by investing in a face bronzer. Glam Bronze Compact Bronzing Powder, \$29.45, L'Oréal Paris, will add golden summer colour and a hint of shimmer. Simply sweep it over your temples, cheekbones and jawline to define. As it goes on lightly, you can build up colour to suit.

If your hair has a natural wave, boost it and add body with Beach Muk Sea Salt Spray, \$23.95/250ml, Muk. Just spray it onto dry or damp hair to give your locks a tousled, beachy look.

A can of dry shampoo will be your saving grace in between washes when you're on the go. It gives hair an instant pick-me-up, leaving it clean, soft and smelling fresh. Tropical Dry Shampoo, \$9.95/150ml, Batiste.

Pack a nailfile or two in your make-up case for smoothing out any annoying nicks and breaks. Matchbox Itty Bitty Files, \$8.95/12pk, Tweezerman.

Pick a perfume that's summery and light, rather than strong and heady, such as Pleasures Bloom, \$100/50ml, Estée Lauder. Or, a quick scout around cosmetic counters will earn you a few fragrance samples to test out what's good for you.

For shopping details, see Stockists page

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